

Class Schedule

August 12- May 24



FALL/SPRING SCHEDULE

Updated 1.16.25

Preschool	K-12	Adult
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	RM	12:00 PM	12:30 PM	4:00 PM	5:00 PM	5:00 PM	5:30 PM	6:00 PM	6:30 PM	7:00 PM	7:30 PM	8:00 PM	8:30 PM
Monday	A					Ballet/Tap Ages 3-4 Maria		Ballet/Tap Ages 5-6 Michelle		Contemporary I/II Adults Maria		Tap I Adults Cassie	
	B					Tap I Ages 5-7 Cassie		Ballet I Ages 5-7 Maria		Contemporary III Adults Ashley		Jazz II Adults Ashley	
Tuesday	A					Rotating short courses		Hip Hop I Ages 6+ Kat		Hip Hop Cardio Adults Kat Starts 1/7		Jazz Fusion I Adults Kat	
	B		Tap II Adults Cassie			Tap II Invite Only 7+ Elevate Cassie		Ballet II Invite Only 7+ Elevate Maria		Tap III Adults Cassie		Tap II Adults Cassie	
Wednesday	A					Ballet/Tap Ages 4-5 Maria		Stretch & Strength Adults Starts 1/8 Maria		Hip Hop II Ages 7+ Allie		Rotating short courses	
	B					Acrobatics I Ages 5+ Allie		Acrobatics II Ages 6+ Allie		Ballet III Adults Maria		Pre-Pointe/Pointe Invite Only - Adults *Ballet Req. Maria	
Thursday	A					Ballet I Adults Maria		Jazz I Ages 6+ Emily		Ballet I Ages 7.5+ Emily		Ballet I Adults Maria	
	B					Jazz II Invite Only 7+ Elevate Emily		Elevate Flex Hour Invite Only Elevate Maria		PBT (Ballet Conditioning) Adults Maria		Ballet II Adults Cassie	
Friday	A					POP UP & SHORT COURSES							
	B												
		9:00 AM	9:30 AM	10:00 AM	10:30 AM	11:00 AM	11:30 AM			LEVEL I	LEVEL II	LEVEL III	
Saturday	A	Plie & Play Ages 2-3 Maria		Ballet/Tap Ages 3-4 Maria		Ballet/Tap Ages 4-5 Maria				Less than 2 years experience. Focus is on learning beginner steps & technique. Moves at a slow pace. Will work on some very simple combinations	1-5 years experience. Will be learning Beg & Int level steps & technique while also working on choreography and combinations. Will move at a moderate pace.	5+ years experience. Working on Int/Adv choreography and combinations as well as increasing speed. Step breakdowns will be limited to advanced technique steps. Faster paced.	
	B			Stretch & Strength Ages 7+ Starts 1/11 Emily		Lyrical/Contemporary Ages 7+ Emily							