



Helpful Information for Ages 6 and Under

Plie' & Play

- Students can wear dance attire, or anything they're comfortable moving in.
- Caregivers are expected to be active participants in the class, so they should also wear something they can move in- and we recommend socks for their feet (street shoes are not worn inside the studio)
- We do ask that only one caregiver accompanies the child in the dance room during class time. This allows us to give better instruction/interaction guidance between child and caregiver. That being said, that person is welcome to swap out day to day (i.e. if grandma wants to come one day instead of mom or dad).
- The class is structured with follow along ballet and creative movement songs, alternated with activity and other breaks. We will also take a snack/water break about halfway through so pack a snack! We've structured it this way so students are not having to focus for too long of a time period at a time.
- We know for most of our Plie' & Play students that this is their first structured activity of this type, so it may take a minute for them to get the hang of it. That's totally normal!
- We look forward to dancing with you and your student!

Combo Classes Ages 3-6

For a lot of them, this is the first time they are participating in an organized activity on their own, and we know that can be a little scary for them, and you! So, hopefully this email helps to ease some of that!

- Arrive plenty early to let them get used to the space before class starts :) They may be hesitant to leave you, and that's normal, but having time to meet and warm up to our teachers ahead of time is helpful.
- Have them use the bathroom before class (either before they leave the house or when you get to the studio)
- Students will receive a "sticker card" with their name on it at their first class - pack it with their bag and have them bring it back each week - they will receive a sticker for participating and using their listening ears!
- And if you've never been to the studio before, watch our "what to expect" video: <https://youtu.be/5vLll4ztm3Y>
- **Can I go into the classroom with them?**

- We do not allow parents (or other caregivers) into the studio once the class starts. This age group focuses better without parents in the room.
- Please refrain from entering the classroom while class is in progress - if there are any concerns, we will come out to you.
- **What if they are crying and won't go in without me?**
 - There are two different options here - sometimes, we're able to take the child inside the room and eventually they relax when they realize it isn't a scary place. But sometimes it's better for you to sit out in the lobby with them and let them watch the class on the monitor until they feel comfortable going inside. This could take a couple weeks, and is totally normal
- **Do I stay at the studio and wait?**
 - You can. Or you can leave and come back at the end of class time.
 - If you choose to stay, we recommend hanging out on our patio (bring a book, or laptop, etc.).
- **Will I be able to see my child in class?**
 - Yes! We have cameras in both rooms that show on a monitor in the lobby. We ask that you please be considerate of other families and not stand over the monitor for the whole class. Feel free to hang out outside, and pop in to check on them every few minutes :)
 - We also have windows where you can see into the class - however, though they are slightly tinted, they are not one-way windows, and your child can see you through the window. It is our experience that if your child catches a glimpse of you through the window, they become distracted very easily and will often run over the window throughout the class looking for you.
 - Please refrain from waving through the window or tapping on it to get your child's attention. This can be quite disruptive to the class
- **I'm watching my child on the monitor and it doesn't look like they're listening/paying attention! Can I come in to help?**
 - We understand how this can be difficult to watch, however, we ask parents to please not enter the classroom during class.
 - As teachers, we expect and plan for this. Our little ones have a short attention span, and we do not expect them to be perfectly focused for an hour. Our teachers are all very experienced in how to handle this age group. We've seen it all!
 - If your child is having an exceptionally difficult time at any point during the class and we need your help, one of our teachers will bring them out to you.
- **What if they need to go to the bathroom during class?**
 - One of our teachers will assist them in getting in and out of their dancewear, as we know that can be tricky! They'll get the hang of it in a few months though!
- **What shoes should they wear first?**
 - Ballet/Tap combo classes will start with Tap shoes, and then teachers will assist students with changing into Ballet shoes
 - Students should bring their dance shoes in a bag with them, and make sure they're labeled with their name so they don't get mixed up with other students during shoe change time.

- **My child is really shy and I'm nervous about how they'll do - what else can I do to help?**
 - It takes a lot of students some time to warm up! Arriving early, explaining what to expect, where you'll be, what the teacher's name is, etc. can all help!
 - Don't worry if they don't warm up the first class! Oftentimes it takes students 3-4 classes to start to feel comfortable.